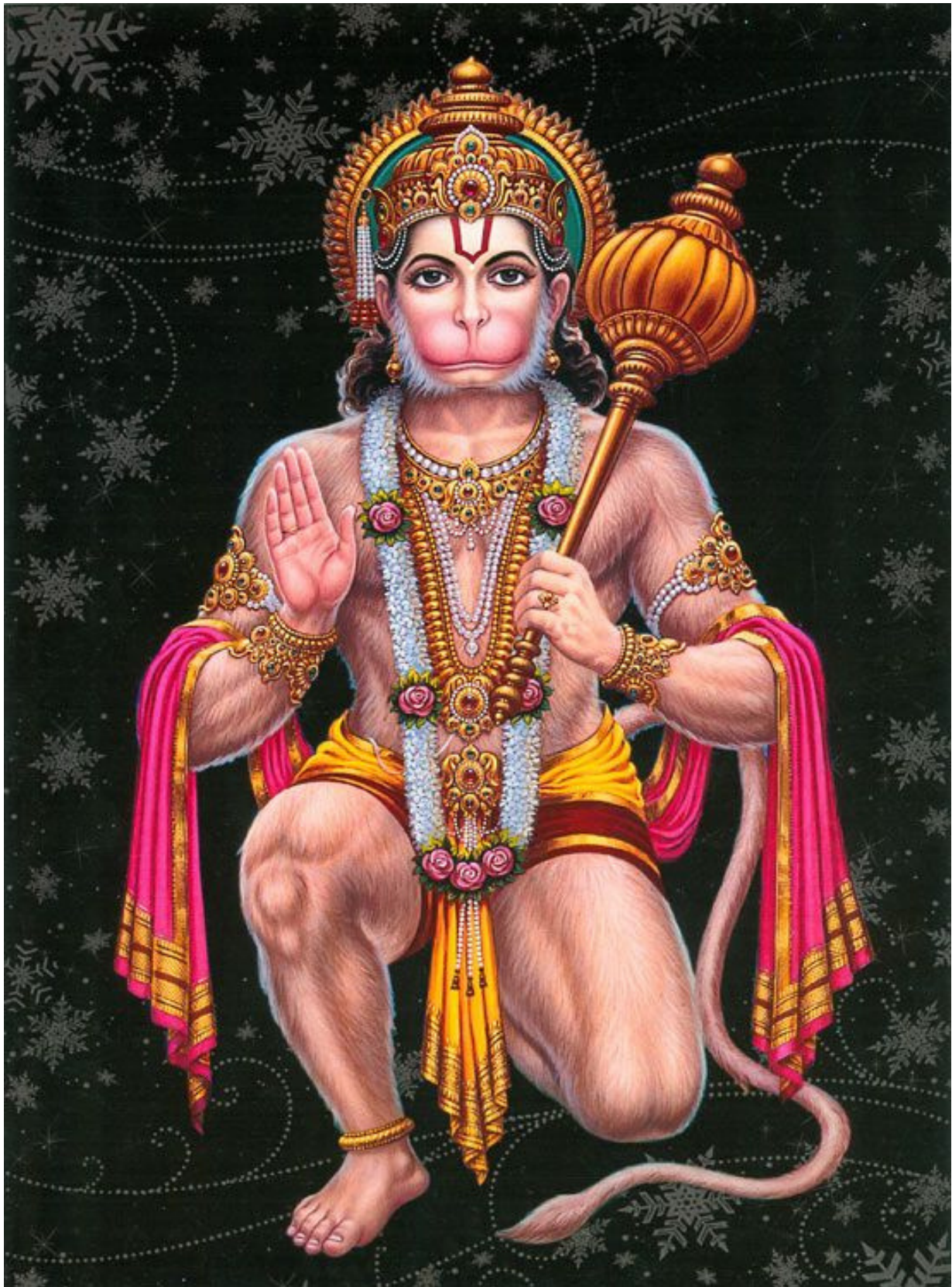


|| Shree Hanuman Chalisa ||

WITH MEANING IN ENGLISH



Doha

**Shri guru charan saroj raj neej manu mukur sudhari,
Baranu raghubar bimal jasu jo dayaku phal chari ॥**

After cleansing the mirror of my mind with the pollen dust of holy Guru's Lotus feet. I Profess the pure, untainted glory of Shri Raghuvar which bestows the four-fold fruits of life (Dharma, Artha, Kama, and Moksha).

**Buddhi heen tanu janike sumero pavan kumar,
Bal buddhi bidya deu mohi harau kales bikar ॥ ॥**

Fully aware of the deficiency of my intelligence, I concentrate my attention on Pavan Kumar and humbly ask for strength, intelligence, and true knowledge to relieve me of all blemishes, causing pain.

Chaupai

**Jai Hanuman gyan gun sagar,
Jai kapis tihu lok uजार ॥01॥**

Victory to thee, O'Hanuman! Ocean of Wisdom-All hail to you O'Kapisa! (fountain-head of power, wisdom and Shiva-Shakti) You illuminate all the three worlds (Entire cosmos) with your glory.

**Ram doot atulit bal dhama,
Anjaani-putra pavan sut nama ॥02॥**

You are the divine messenger of Shri Ram. The repository of immeasurable strength, though known only as Son of Pavan (Wind), born of Anjani.

**Mahabir bikram Bajrangi,
Kumati nivar sumati ke sangi ॥03॥**

*With Limbs as sturdy as Vajra (The mace of God Indra) you are valiant and brave.
On you attends good Sense and Wisdom. You dispel the darkness of evil thoughts.*

**Kanchan baran biraj subesa,
Kanan kundal kunchit kesa ॥04॥**

*Your physique is beautiful golden colored and your dress is pretty. You wear
earrings and have long curly hair.*

**Hath bajra aur dhvaja biraje,
Kaandhe munj janeu saje ॥05॥**

*You carry in your hand a lightening bolt along with a victory (Kesari) flag and
wear the sacred thread on your shoulder.*

**Sankar suvan Kesari nandan,
Tej pratap maha jag bandan ॥06॥**

*As a descendant of Lord Sankar, you are a comfort and pride of Shri Kesari. With
the luster of your Vast Sway, you are propitiated all over the universe.*

**Vidyavaan guni ati chatur,
Ram kaj karibe ko aatur ॥07॥**

*You are the repository of learning, virtuous and fully accomplished, always keen
to carry out the behests of Shri Ram.*

**Prabhu charitra sunibe-ko rasiya,
Ram Lakhan Sita maan basiya ॥08॥**

*You are an ardent listener, always so keen to listen to the narration of Shri Ram's
Life Stories. Your heart is filled with what Shri Ram stood for. You therefore
always dwell in the hearts of Shri Ram, Lakshman, and Sita.*

**Sukshma roop dhari Siyahi dikhava,
Bikat roop dhari Lank jarava ||09||**

You appeared before Sita in a Diminutive form and spoke to her in humility. You assumed an awesome form and struck terror by setting Lanka on fire.

**Bhim roop dhari asur sahare,
Ramachandra ke kaj savare ||10||**

With over-whelming might you destroyed the Asuras(demons) and performed all tasks assigned to you by Shri Ram with great skill.

**Laye sanjivan Lakhan jiyaye,
Shri Raghuvir harashi ur laye ||11||**

You brought Sanjivan (A herb that revives life) and restored Lakshman back to life, Shri Raghuvir (Shri Ram) cheerfully embraced you with his heart full of joy.

**Raghupati kinhi bahut badhaee,
Tum mam priye Bharat-hi-sam bhai ||12||**

Shri Raghupati (Shri Ram) lustily extolled your excellence and said: "You are as dear to me as my own brother Bharat."

**Sahas badan tumharo jas gaave,
Asa-kahi Shripati kantha lagave ||13||**

Thousands of living beings are chanting hymns of your glories: saying thus. Shri Ram warmly hugged him (Shri Hanuman).

**Sankadik brahmadi munisa,
Narad-sarad sahit ahisa ||14||**

When prophets like Sanka, even the Sage like Lord Brahma, the great hermit Narad himself, Goddess Saraswati and Ahisha (one of immeasurable dimensions).

**Jum Kuber digpaal jaha teh,
Kabi Kovid kahi sake kahan teh ||15 ||**

Even Yamraj (God of Death) Kuber (God of Wealth) and the Digpals (deputies guarding the four corners of the Universe) have been vying with one another in offering homage to your glories. How then, can a mere poet give adequate expression of your super excellence.

**Tum upkar Sugreevahi keenha,
Ram milaye rajpad deenha ||16 ||**

You rendered a great service to Sugriv. You united him with Shri Ram and he installed him on the Royal Throne.

**Tumharo mantra Vibhishan maana,
Lankeshvar bhaye sab jag jana ||17 ||**

By heeding your advice, Vibhishan became Lord of Lanka. This is known all over the Universe.

**Yug sahastra jojan par bhanu,
Leelyo tahi madhur phaal janu ||18 ||**

On your own you dashed upon the Sun, which is at a fabulous distance of thousands of miles, thinking it to be a sweet luscious fruit.

**Prabhu mudrika meli mukh mahi,
Jaladi langhi gaye achraj nahi ||19 ||**

Carrying the Lord's Signet Ring in your mouth, there is hardly any wonder that you easily leapt across the ocean.

**Durgaam kaj jagat ke jete,
Sugam anugraha tumhre tete ||20 ||**

The burden of all difficult tasks of the world become light with your kind grace.

**Ram duwaare tum rakhvare,
Hoat na adyna binu paisare ||21||**

*You are the sentry at the door of Shri Ram's Divine Abode. No one can enter it
without your permission,*

**Sab sukh lahe tumhari sarna,
Tum rakshak kahu ko darna ||22||**

*All comforts of the world lie at your feet. The devotees enjoy all divine pleasures
and feel fearless under your benign Protection.*

**Aapan tej samharo aape,
Teenho lok hank teh kanpe ||23||**

*You alone are befitted to carry your own splendid valour. All the three worlds
(entire universe) tremor at your thunderous call.*

**Bhoot pisaach nikat nahin aave,
Mahabir jab naam sunave ||24||**

*All the ghosts, demons, and evil forces keep away, with the sheer mention of your
great name, O'Mahaveer!!*

**Nase rog hare sab peera,
Japat nirantar Hanumant beera ||25||**

*All diseases, pain and suffering disappear on reciting regularly Shri Hanuman's
holy name.*

**Sankat se Hanuman chudave,
Man karam bachan dyan jo lave ||26||**

*Those who remember Shri Hanuman in thought, words and deeds with Sincerity
and Faith, are rescued from all crises in life.*

**Sab par Ram tapasvee raja,
Teen ke kaj sakal tum saja ||27||**

All who hail, worship and have faith in Shri Ram as the Supreme Lord and the king of penance. You make all their difficult tasks very easy.

**Aur manorath jo koi lave,
Sohi amit jeevan phal pave ||28||**

Whosoever comes to you for the fulfillment of any desire with faith and sincerity, Will he alone secure the imperishable fruit of human life.

**Charo yug partap tumhara,
Hai parasiddha jagat ujiyara ||29||**

All through the four ages, your magnificent glory is acclaimed far and wide. Your fame is Radiantly acclaimed all over the Cosmos.

**Sadhu sant ke tum rakhwara,
Asur nikanandan Ram dulare ||30||**

You are Saviour and the guardian angel of Saints and Sages and destroy all Demons. You are the angelic darling of Shri Ram.

**Ashta-sidhi nav nidhi ke daata,
Asabar deen Janki mata ||31||**

You can grant to anyone, any yogic power of Eight Siddhis (power to become light and heavy at will) and Nine Nidhis (Riches, comfort.power.prestige.fame.sweet relationship, etc.) This boon has been conferred upon you by Mother Janki.

**Ram rasayan tumhare pasa,
Sada raho Raghupati ke dasa ||32||**

You possess the power of devotion to Shri Ram. In all rebirths, you will always remain Shri Raghupati's most dedicated disciple.

**Tumhare bhajan Ram ko paave,
Janam-janam ke dukh bisrave ||33 ||**

Through hymns sung in devotion to you, one can find Shri Ram and become free from the sufferings of several births.

**Anth-kaal Raghubar pur jae,
Jaha janma Hari-bhakht kahaee ||34 ||**

If at the time of death one enters the Divine Abode of Shri Ram, thereafter in all future births he is born as the Lord's devotee.

**Aur devta chitta na dharaee,
Hanumanth se he sarba sukh karaee ||35 ||**

One need not entertain any other deity for Propitiation, as the devotion of Shri Hanuman alone can give all happiness.

**Sankat kate-mite sab peera,
Jo sumire Hanumat balbeera ||36 ||**

One is freed from all the sufferings and ill-fated contingencies of rebirths in the world. One who adores and remembers Shri Hanuman.

**Jai Jai Jai Hanuman gosae,
Krupa karahu gurudev ki naee ||37 ||**

Hail, Hail, Hail, Shri Hanuman, Lord of senses. Let your victory over the evil be firm and final. Bless me in the capacity of my supreme guru (teacher).

**Jo sath baar paath kar koi,
Chuthee bandhi maha sukh hoee ||38 ||**

One who recites Chalisa one hundred times becomes free from the bondage of life and death and enjoys the highest bliss at last.

**Jo yaha padhe Hanuman Chalisa,
Hoye Siddhi Sakhi Gaurisa ॥39॥**

All those who recite Hanuman Chalisa (The forty Chaupais) regularly are sure to be benedict. Such is the evidence of no less a witness as Bhagwan Sankar.

**Tulsidas sada Hari chera,
Keeje nath hridaye maha dera ॥40॥**

Tulsidas as a bonded slave of the Divine Master stays perpetually at his feet, he prays "Oh Lord! You enshrine within my heart and soul."

Doha

**Pavan tanay sankat harana, mangal murti roop,
Ram Lakhan Sita sahit, hriday basau sur bhuup ॥**

Oh! conqueror of the Wind, Destroyer of all miseries, you are a symbol of Auspiciousness. Along with Shri Ram, Lakshman and Sita, reside in my heart. Oh! King of Gods.